

2025: A YEAR OF GRATITUDE



Dear Alumni and Friends of the Upstate College of Nursing:

Happy New Year! As we embark on 2025, I am thrilled to share that your Alumni Association has designated this as our "**Year of Gratitude**". This year, we will focus on celebrating the remarkable contributions of our alumni and supporters, whose generosity and dedication have shaped the success of our college and its students. **Thanks to your incredible support in 2024, we are proud to announce that we are awarding more admission scholarships this year than in any other year in our history.** Together, we are creating brighter futures for our

students – working nurses who are advancing their education to provide a higher level of care to their patients and communities.

In early March, you will be receiving our annual alumni survey via mail. *This is your opportunity to share valuable feedback and help shape our initiatives for the coming year.* One of the survey's key questions will focus on our new "alumni meet-ups" initiative. We're eager to learn what type of events you'd like to participate in, as we strive to provide complimentary or low-cost opportunities for alumni to reconnect with each other and engage with current students and faculty. Your input will be instrumental in making these events meaningful and enjoyable.

Lastly, if you haven't already, I encourage you to **follow us on [Facebook](#) and [Instagram](#)**. While our **Nursing InTouch** digital newsletter is sent bi-monthly, our social media channels provide frequent updates on news, events, and fun content such as "Throwback Thursday" photos and "Alumni Instagram Takeovers". Links to follow us are embedded throughout this newsletter – don't miss out on staying connected!

Thank you for being an integral part of our alumni community. Your continued support and engagement make everything we do possible.

All the best,

Spencer Champagne

Director, College of Nursing Alumni Association

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Spotlight:



From starting her career as a CNA to pursuing her RN-BS degree while raising seven children, Asia McBride's journey is one of resilience and ambition. Discover how this dedicated nurse and future nurse practitioner is making her dreams a reality with the support of the Upstate nursing community

[Read More About Asia Here](#)

News and Updates

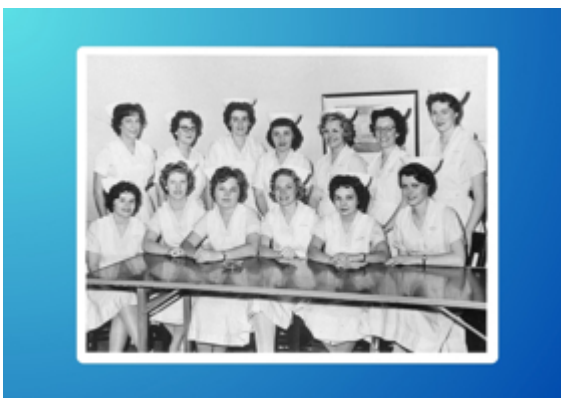


ADVANCE YOUR CAREER WITH THE UPSTATE EDGE PROGRAM

Robert Ruiz, Dean of Student Affairs, and Caitlin Nye, RN-BS Program Director, appeared on WSYR Channel 9's *Bridge Street* to discuss *The Upstate Edge Program*. *This innovative initiative helps Upstate-employed RNs earn their BS degree at no cost, fully funded by SUNY Upstate. Designed to enhance patient care and outcomes and to prepare nurses for future community healthcare needs, the program strengthens our region's nursing workforce while supporting career growth for talented RNs in Central New York.*

Watch the full interview:

[Watch here](#)



FUN WITH FACEBOOK (AND INSTAGRAM)

Over the next few weeks, we'll be participating in #ThrowbackThursday by sharing some photos from the College of Nursing archives.

Here's where you come in: some of these photos have no dates or notes. Can you help us identify the faces and moments captured in them?

Our social media is also where you'll find giveaways, meet-ups, and exclusive content you won't find anywhere else.

Join the fun today [@UpstateNursingAlumni](#) on Instagram and Facebook!



Upcoming Events



The Whitney Lectureship Presents: *Everybody's Work* by SHIFT Films

This year's Whitney Lectureship features a **hybrid gathering** that includes a complimentary screening of the documentary *Everybody's Work*, by SHIFT Films. The film will be followed by a thought-provoking panel discussion, live-streamed from the Central NY Biotech Accelerator, and panelists include participants from the documentary, experts from Upstate Medical University, and beyond, who will offer insights emphasizing the vital role nurses play in shaping equitable and just health outcomes for all.

2.0 contact hours are being provided for this educational activity by the institute for Continuing Nursing Education at no cost.

Registration is required.

Get more info and register here:

[EVENT PAGE](#)