

# TRAID ON THE TRAILS

TRAID = TECHNOLOGY RELATED ASSISTANCE FOR INDIVIDUALS WITH DISABILITIES



## AUGUST 7TH

9 AM - 1 PM • CEDAR BAY PARK • DEWITT NY

Join us at 11 AM to walk, ride, or roll  
on the Erie Canalway Trail for the 1st Mile Challenge!

Learn about adaptive cycles, kayaks, and more • Music • Food

FOR MORE INFO VISIT [CANALWAYCHALLENGE.ORG](http://CANALWAYCHALLENGE.ORG) OR EMAIL [SEFICKJ@UPSTATE.EDU](mailto:SEFICKJ@UPSTATE.EDU)



In partnership with the National Park Service

