



Across the US, over 64,000 people died of a drug overdose in 2016.

It is estimated that 80% of people who become addicted to opioids started with a prescription from a healthcare provider. This is causing devastation in our communities that will last for decades.

Upstate Medical University's Opioid Overdose Conference challenges its audience of interprofessional clinical staff to understand opioid addiction and how we play an important role in stemming the tide in our country. We can make a difference and save lives.

A diverse speaker panel will discuss the impact of the opioid overdose epidemic, addiction, narcotic prescribing practices, pain management and the role of healthcare providers.

UPSTATE
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UNIVERSITY HOSPITAL
750 East Adams Street
Syracuse, NY 13210



THE OPIOID OVERDOSE EPIDEMIC:

How Nursing Can Help
Turn the Tide

TUESDAY, APRIL 24, 2018
SYRACUSE UNIVERSITY SHERATON

UPSTATE
UNIVERSITY HOSPITAL



SCHEDULE

07:45-08:00	Welcome
08:00-08:30	The Opioid Epidemic: A Public Health Crisis <i>Indu Gupta, MD</i>
08:30-09:00	A Patient's Personal Experience <i>Andrew G</i>
09:00-0915	Refreshments and Exhibits
09:15-09:45	Narcan Administration Training <i>William Eggleston, PharmD</i>
09:45-10:15	Evidenced Based Non – Narcotic Options for Management of Spine Pain <i>Denise Karsten, RN</i>
10:15-10:30	Refreshments and Exhibits
10:30-11:15	The Opioid Epidemic: From Then to Now - How We Helped Fuel This Country's Biggest Health Epidemic and What We Can Do To Stop It <i>Ross Sullivan, MD</i>
11:15-12:00	Managing Difficult Conversations: Recognizing and Talking about Problematic Use <i>Ann Griep, MD</i>
12:00-13:00	Lunch
13:00-13:45	Opioid Induced Hyperalgesia: Addicted and Needs Treatment or Just Can't Quit and Needs Caring Detox <i>Brian Johnson, MD</i>
13:45-14:00	Refreshments and Exhibits
14:00-14:45	Integrative Medicine and Its Role in Pain Management <i>Caitlyn S. DeLuca, MD</i>
14:45-15:00	Refreshments and Exhibits
15:00-15:45	The Pain and Opioid Conundrum: Nursing Can Help Turn the Tide <i>Theresa Baxter, NP</i>
15:45-1600	Evaluation

REGISTRATION:

www.upstatefoundation.org/opioid

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SPEAKER BIOS



Indu Gupta, MD, MPH, MA, FACP3

Commissioner of Health, Onondaga County Health Dept.

Dr. Indu Gupta is the Commissioner of Health for Onondaga County. She completed her medical degree in India. At the Syracuse University Maxwell School, she completed her Master of Arts in Public Administration and Certificate of Advanced Study in Health Service Management and Policy. She also holds a Master of Public Health from John Hopkins University. She dedicates herself to identifying health priorities and creating improvement plans focused on strong community engagement. She is also a co-chair of the Onondaga County Drug Task Force and is working to address the current opioid crisis in our community.



William Eggleston, PharmD

Department of Pharmacy, Upstate Medical University

William Eggleston is a Clinical Toxicologist and Assistant Professor at Upstate Medical University in the Department of Emergency Medicine and the Upstate New York Poison Center in Syracuse, New York. He received his Doctor of Pharmacy degree from Wilkes University in 2014, then completed his fellowship in Clinical Toxicology and Emergency Medicine at Upstate Medical University and the Upstate New York Poison Center in 2016. He successfully credentialed and passed the board examination to qualify as a Diplomate of the American Board of Applied Toxicology.



Ross Sullivan, MD

Emergency Medicine, Upstate Medical University

Dr. Ross Sullivan received his medical degree at Upstate Medical University and continued with his residency in Emergency Medicine. He completed a fellowship in Toxicology. Dr. Sullivan is the Fellowship Director of Medical Toxicology at Upstate Medical University. He is an Assistant Professor of Emergency Medicine and runs the Suboxone Bridge Clinic. He is a board certified physician in Emergency Medicine, Medical Toxicology and Addiction Medicine. He is the Medical Director at Syracuse Behavioral Healthcare.



Ann Griep, MD

*Chief Medical Officer Behavioral Health
Excellus Health Plan*

Dr. Griep is the Chief Medical Officer for Behavioral Health of Excellus BlueCross BlueShield. She earned her medical degree from Michigan State University and her residency in Family Medicine in Marquette, Michigan. She completed her Psychiatry Residency at the University of Rochester in 1989, and then a Neuropsychiatry Fellowship. She is Board Certified in Psychiatry and Neurology, and is a Diplomate of the American Board of addiction medicine. She has devoted much of her career to Emergency Psychiatry/crisis services, and inpatient psychiatry.



Brian Johnson, MD

Professor of Psychiatry and Anesthesia, Upstate Medical University

Brian Johnson is a professor of Psychiatry and of Anesthesia, also the director of the Addiction Psychiatry Fellowship Program at Upstate Medical University. Dr. Johnson began his education at Columbia University, followed by the New York Medical College. He completed his residency at the Harlem Hospital and Metropolitan Hospital Center, after which he finished a psychiatry residency at Cambridge Hospital. Dr. Johnson's research focuses on the effects of the dysregulation of the opioid system in individuals. His clinical work centers on the link between and treatment of fibromyalgia, autism and opioid dependence.



Theresa Baxter, RN, MSN, FNP-BC

Department of Nursing, Upstate Medical University

Theresa Baxter received her RN at Crouse School of Nursing, her BS in Nursing from Keuka College and her MS in Nursing Family Nurse Practitioner from Upstate Medical University. She is currently an Acute Pain Service NP at Upstate Medical University. She also recently joined the team at Syracuse Behavioral Healthcare in the COTI program. She's board certified in Family Health and Pain Management. Theresa is a certified Naloxone Trainer and has completed ASAM buprenorphine waiver training.



Denise Karsten, RN, MS, CNS, DC, NP Adult/Gero

Department of Neurosurgery, Upstate Medical University

Denise Karsten began her nursing career after obtaining her BSN in nursing at SUNY Stonybrook. She began as an ED nurse in Rochester and has held many different positions including ICU nurse manager, nurse administrator, nurse educator, legal consultant and insurance consultant. She completed her Masters degree in Nursing and became a Clinical Nurse specialist. As well as being a certified adult/geriatric nurse practitioner, she has also obtained a Chiropractic doctorate degree. Denise's focus is to combine her education to practice integrative and holistic medicine.



Caitlin DeLuca, DO, MSc.

Assistant Professor of Pediatrics, Upstate Medical University

Caitlin DeLuca attended college in Washington DC at Catholic University; she began her medical training at the Philadelphia College of Osteopathic Medicine, then moved to Syracuse for her Pediatric Residency. Caitlin completed a Pediatric Rheumatology Fellowship and Masters Degree in Clinical Research at Tufts Medical Center, then an Integrative Medicine Fellowship at the Arizona Center for Integrative Medicine. She returned to Upstate Medical University to practice Pediatric Rheumatology. She is the Division Head of Rheumatology and Integrative Medicine at Upstate.

Registration fee:

\$75 by April 1, 2018 / \$85 after April 1, 2018

For questions:

Kristen Keefe keefek@upstate.edu

Cancellation policy

Cancellations received prior to April 10, 2018 will be refunded in full. Cancellations occurring April 10-April 17, 2018 will be subject to a \$30 cancellation fee. No refunds after April 17, 2018. In the event you are unable to attend, substitutions are encouraged. Email all cancellations and substitution requests to keefek@upstate.edu. "No-show" registrants will not receive a refund.

Program presented by Upstate University Hospital and the Institute for Continuing Nursing Education.

Contact Hours: 6.0 | Upstate Medical University Institute for Continuing Nursing Education is an approved provider of continuing nursing education by the Northeast Multi-State Division, an accredited approver of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation. No individuals in a position to control content for this activity have any relevant financial relationships to declare; nor is there any commercial interest for this activity.